

Activities that  
are good  
for well-being  
at our school.

Istituto Comprensivo  
Giovanni Pascoli  
Matera  
Italy



- Afternoon activities
- Sport activities
- Extra-curriculum activities
- Outdoor classes
- School canteen
- Schooltrips
- Laboratories

Here are some of them...

# SPORT ACTIVITIES



A healthy mind in a healthy body

In Pascoli school, our Principal and teachers believe that sport is one of the goals to make students grow well.

That's why every year they plan interesting sport activities.



# Our special Olimpia playground



When the weather allows us, we have P.E. Classes here







# September 2020 Olimpia sport project: Matera Team Basket and european students



Easy basket in  
Europe:

Final sport event in  
Matera



# Working all together we can win



We have been part of the Regional Athletics Championship and we won it! So....





# Athletic National championship 2022

.... in May Our Athletics Team took part to the Athletic National Championship



# Fairplay Cup 2022

At Pascoli we also play the Fairplay Cup, a volleyball tournaments among the classes that takes place every year at the end of the school year





Last year we played against the teachers as well... and we won!!





We also do other sport activities:



karate



fencing



acquatrekking

# In May 2022 we went to a Sailing club

We experienced:

- Canoeing
- Wind surfing
- Running
- Mountain biking





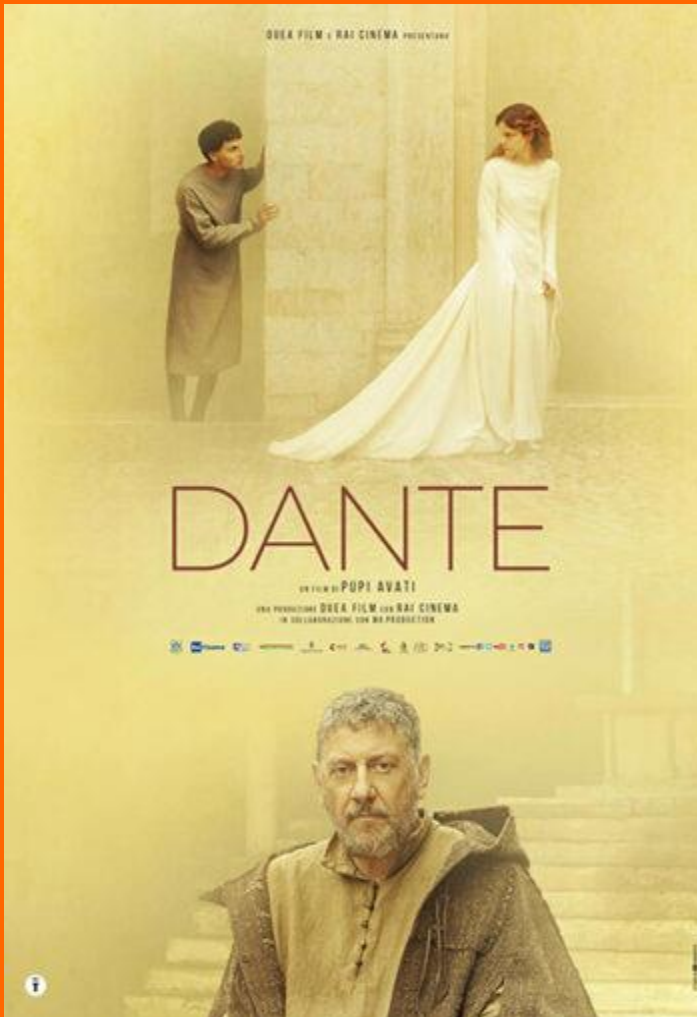
As for the extracurriculum activities, here are some of them:

WE WENT TO A "MATINE'E SOUL" CONCERT





# WE SAW DANTE'S FILM AT THE THEATRE



A STEP BACK IN HISTORY  
TO RELIVE THE LIFE  
OF THE POET CONSIDERED  
THE FATHER OF THE ITALIAN LANGUAGE  
DANTE ALIGHIERI

THANKS TO THE ITALIAN TEACHERS WHO  
TOOK US  
TO SEE THE FILM  
about the most important events experienced by  
the Florentine poet



WITH GREAT PLEASURE WE HAVE KNOWN THE PROFESSOR AND PHYSICIAN VINCENZO SCHETTINI, FAMOUS FOR CREATING A PROFILE ON YOU TUBE ENTITLED "THE PHYSICS WE LIKE"



THROUGH PHYSICS HE  
EXPLAINS  
ALL THE PHENOMENA THAT  
SURROUND US.  
HE IS NICE, HAPPY AND HIS  
EXPLANATIONS ARE FUN





I HAD THE  
CHANCE TO  
HAVE HIS  
AUTOGRAPH  
AND A PHOTO  
WITH HIM AS  
WELL



HE HAS PUBLISHED A  
BOOK  
AND WE ATTENDED  
ITS PRESENTATION

IT WAS REALLY A PLEASURE

# OUTDOOR ACTIVITIES

In our school, during warm days and if we behave, our teachers let us have lessons outside. Outside the building of our school, there's a garden in which there are a lot of tables and benches where we can sit and have lessons. We are really happy when we go outside, it helps us feeling good and let our minds be opened. We are more well-disposed to learn and study.

Sometimes during music classes we go in the garden to play some music; last week we thought about recycling: we made a shark costume that eats plastic caps to fight against all the plastic that is in the sea and we played the Baby Shark song. The video will be published on our school website so that everyone will learn about this problem as we did for. We also started to collect plastic caps in the school to recycle them.

Finally lessons outside are like a gift for everybody.







In our school there's a canteen and it's for full-time students. We start school at 8 a.m. and finish at 5 p.m.

The classes have lunch at school in different days, some of them on Monday and Wednesday, others on Tuesday and Thursday.

The school canteen opens at 2 p.m. and closes at 3 p.m. and it's located downstairs.

With students there are also the teachers.

Having lunch at school we learn to eat different types of food.

And moreover, we learn how to eat healthy food and have a balanced diet.

The school canteen is a place of inclusive education, we stay all together in a situation different from the lessons.

Having lunch at the school canteen is a moment of socialization, we can get to know each other better.

Here we are, all together, having lunch





School trips are wonderful experiences because in Italy there are a lot of cities full of culture that can be connected with different subjects we study such as art History, Literature and Art. In Matera our school is the only one that also organises trips outside Italy, for example to Spain, Germany or France to practice the languages that we have studied or to see monuments of which we have talked about but which we have never been able to watch live.

I love trips also because they give us one more chance to talk to our classmates or kids from other classes since we can't do it at school except during break time. I also love them because it is thrilling to organise them, to plan in class where to sit in plane or bus, with whom to sit, where to go and what to see in the free time.

The most exciting part in my opinion is when after a day spent sightseeing, you go back to the hotel to talk to your mates about what you have experienced during the day.

And when we go back to school, we love to share our experience with the teachers who haven't come with us. Their answer, which makes us laugh, is always: "I would have liked to come too".



Berlin, Germany



Siena, Italy



We go to school from Monday to Friday, so on Friday afternoon some students have afternoon activities.

The students of the 2.0 class take part in special computer lessons held by a specialized teacher.

This class is called "Eipass junior" and after passing 7 exams you have a "European license" for using the computer.





In our school there are some classes that do science, history and geo labs in the afternoon. The main things than we do with science are experiments such as problems or researches about famous chemists or scientist. We also have a lab with a bunch of science stuff and microscopes, models of the human body and scientific substances for the experiments. During geography afternoon activities we discover curiosities of the world or we do quizzes for test our geography knowledge. We also watch films about the topic we are talking about. During history we do impossible interviews with famous historical charters of the past and sometimes we try to recreate the historical scenes in our classroom

