SUMMER ACTIVITIES IN THE TOPPILA REGION

Food aid distribution: Mondays June 3, June 17, July 1, July 15 and July 29

Food aid is distributed at the address Paakakatu 2, 90520 Oulu. Bags of discarded food are distributed against numbered tickets. Numbered tickets are distributed starting from 16.00, and bags are distributed starting from 16.30. Food is distributed to as many people as possible until the food runs out. Bags cannot be reserved beforehand. There is a free of charge café operating in connection with the food aid distribution on June 3 and 17. The café operates in the Toppila's Majakka Café's facilities, Paakakatu 3. The café is open from 15.30–17.00 and serves coffee, sandwiches and juice.

More food aid activities found here: Foodaid.fi – More than food. (ruoka-apu.fi)

OUTO-AUTO

Young people can invite the Outo-Auto Car to visit any region of Oulu. You can contact the staff on Instagram or WhatsApp: tel. 044 703 8243. On top of invitations, the Outo-Auto Car will stop in areas where young people often spend time in.

The Outo-Auto Car is on the move starting from June 6 until August 3, from Tue-Sat from 16.30-23.

JUNE

Toppila Summer Youth Centre

The Toppila Youth Centre is open **throughout June for 7- to 17-year-olds from Monday to Friday from 10.00–17.00**. You can do crafts, play board and video games, sing, play music in the band room or just hang out with friends and supervisors. If the weather allows, we will visit the Meri-Toppila Central Playground.

During the summer, cooking, Minecraft and animation courses will be organized for primary school children. You must register for the courses beforehand (tel. 044 703 8234). On Wednesdays, we take trips (depending on the weather). During the trips, the Youth Centre will be closed.

The trips are free of charge for the children and the Youth Centre will provide snacks. The children are insured during the trips. Read more about the trips and courses from the Youth Centre website.

Contact information: Toppila Youth Centre, Kuivaamokatu 6, second floor (above the Meri-Toppila Daycare Centre) tel. 044 703 8234

Welcome to the Puokkari Youth Centre! OPEN THROUGHOUT JUNE AND JULY

The Puokkari Youth Centre is located between the Paulaharju School and the Church of Pyhä Tuomas. You may participate in diverse club activities, meet friends as well as participate and suggest activities yourself.

The Youth Centre includes an exercise hall where you can participate in many hobby activities. You can play video games as well; the Youth Centre has a PS5 and a PS4 gaming consoles. You may also play pool, table tennis and different board and card games.

A warm meal is offered on Fridays during the shift for 13- to 24-year-olds.

You may travel to the Youth Centre easily by bus. (Bus stop Isko, the lines from the city centre and back: 1, 2, 2N, 3, 5, 5N, 7, 8, 22, 23, 23B, 23K, 28, 48, 52, 52K and 58.)

Address: Mielikintie 7, 90550 Oulu

Primary school students

Mon-Thu 14-17 Fri 14-18

Middle school students - 24-year-olds

Mon 18-20 Tue-Thu 17-20 Fri 18-23

https://www.nuortenoulu.fi/vapaa-aika/nuorisotilat/puolivalinkankaan-nuorisotalo/ (in Finnish)

Park Lunches

For the first time, the city of Oulu organizes Park Lunches for children and young people under 18 on **June 3–28** in three parks: Höyhtyä, Kaijonharju and Rajakylä. Lunch, play, exercise and other programming is offered to children and young people. https://www.ouka.fi/en/activities-and-places/park-lunches

Höyhtyä Central Playground (Sorsapuisto, Kuikkatie 11A)

- 10.00–11.00 exercise in the park
- 11.00-12.00 lunch

Ilmarinen Park Play Area in Kaijonharju (Kalevalantie 10)

- 11.00–12.00 games, play, other activities
- 12.00–13.00 lunch

Rajakylä Central Playground (Talvikkipuisto, Tervakukkatie 54)

- 11.00–12.00 games, play, other activities
- 12.00–13.00 lunch

Mon June 3 9.00–12.00

Koskela Church Hall

You may arrive at the Koskela Church Hall yard and leave at any time you want to. At the yard activities, you will meet other families in a calm and chatty atmosphere with a cup of coffee and juice.

You are welcome to enjoy your own snacks. The youngest family members are welcome as well.

https://www.oulunseurakunnat.fi/tapahtumat/2024-06-03/nallen-kesapaiva (in Finnish)

June 3–7	Toppila Youth Centre
	Monday: cooking course 10.00–12.00, please announce all possible allergies. The course fits 6 participants.
	Tuesday, June 4; Minecraft Course 10.00–12.00- The course fits 8 participants.
	Wednesday, June 5: a trip to a local fire pit site. We will depart from the Youth Centre at 12.00 and return at 15.00 at the latest. Contact information: Toppila Youth Centre, Kuivaamokatu 6, second floor (above the Meri-Toppila Daycare Centre) tel. 044 703 8234.
June 4	PerhePesä's Park Date in Meri-Toppila Central Playground from 10.00–12.00
	You may particiapte in the Open PerhePesä according to your schedule when the doors are open. At PerhePesä, you will find people to chat with, playmates for children, support for parenthood and guidance and advice if needed. There might be visitors and guided activities at PerhePesä as well. Children are welcome to attend when accompanied by adults.
	Mannerheim League for Child Welfare's North Ostrobothnian branch
June 7	Open PerhePesä from 9.00–13.00, <i>Talousosaamista hyvään arkeen</i> Course by the Marttas from 9.00–10.00. Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults. There will be coffee. (Paalikatu 6D)
Week 24 (June 10–14)	Toppila Youth Centre
	Monday: cooking course 10.00–12.00, please announce all possible allergies. The course fits 6 participants.
	Tuesday, June 11: animation Course 10.00–12.00. The course fits 6 participants.
	Wednesday, June 12: a cycling trip to Nallikari. You will need a permission slip to participate, you will receive the slip from the Youth Centre. We will depart at 12.00 and return by 15.00. Contact information: Toppila Youth Centre, Kuivaamokatu 6, second floor (above the Meri-Toppila Daycare Centre) tel. 044 703 8234
June 11	Open PerhePesä from 9.00–13.00, <i>Talousosaamista hyvään arkeen</i> Course by the Marttas from 9.00–10.00. (Paalikatu 6D)

	Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults.
June 14	PerhePesä's Park Date in Meri-Toppila Central Playground from 10.00–12.00 There will be coffee. Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults.
Week 25 (June 17–20)	Toppila Youth Centre Monday: cooking course 10.00–12.00, please announce all possible allergies. The course fits 6 participants.
	Wednesday, June 19: a trip to Ainolanpuisto. You may participate by bicycle or by local bus. You will need a permission slip to participate, you will receive the slip from the Youth Centre. We will depart at 12.00 and return by 16.00.
	Friday, June 21: the Youth Centre is closed.
	Contact information: Toppila Youth Centre, Kuivaamokatu 6, second floor (above the Meri-Toppila Daycare Centre) tel. 044 703 8234
Free of charge café June 17	Bags of discarded food are distributed in Toppila throughout the summer on the Mondays of odd weeks. There will be visitors from the <i>Hyvän mielen talo</i> at the café
15.30–17.30.	There will be visitors from the riyvan imeren talo at the eare
June 19	A family trip to Lännentila from 9.00–13.00. Departure from Toppila at 9.00 (Paalikatu 6D), return from Lumijoki at 13.00. Registration beforehand is required: jaana.myllyla@mll.fi Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults.
June 25	Park date in Meri-Toppila Central Playground from 10.00–12.00 Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults.

Week 26 (June 24–28)	Toppila Youth Centre
	Monday: cooking course 10.00–12.00, please announce all possible allergies. The course fits 6 participants.
	Wednesday, June 19: a trip to the traffic park. You will need a permission slip to participate, you will receive the slip from the Youth Centre. We will depart at 12.00 and return by 16.00.
	Contact information: Toppila Youth Centre, Kuivaamokatu 6, second floor (above the Meri-Toppila Daycare Centre) tel. 044 703 8234

JULY

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	See the summer activities in the Tuira region as well!
July 2	Park dates in Meri-Toppila Central Playground from 10.00–12.00 Mannerheim League for Child Welfare's North Ostrobothnian branch. Children are welcome to attend when accompanied by adults.