

SUMMER ACTIVITIES IN THE TUIRA REGION

JUNE

Spring 2024 Food aid

Food aid distribution in Toppila: Mondays June 3, June 17, July 1, July 15 and July 29

Food aid is collected from the distribution without reservations. There is a limited number of food aid bags and there might not be enough for everybody. A volunteer will distribute numbered cards starting from 16.00. The cards are distributed until food runs out. You will not receive a food aid bag without a card.

Food aid is distributed at the address Paakakatu 2, 90520 Oulu. Bags of discarded food are distributed against numbered tickets. Numbered tickets are distributed starting from 16.00, and bags are distributed starting from 16.30. Food is distributed to as many people as possible until the food runs out. Bags cannot be reserved beforehand. There is a free of charge café operating in connection with the food aid distribution on June 3 and 17. The café operates in the Toppila's Majakka Café's facilities, Paakakatu 3. The café is open from 15.30–17.00 and serves coffee, sandwiches and juice.

Food aid distributes discarded food donated by grocery stores and food businesses. The contents of the bags depend on the discarded food that is donated. We cannot influence the contents of the bags and we cannot take all special diets into account.

Food aid distribution in Kastelli: Thursdays June 13, June 27, July 11 and July 25

Numbered tickets are distributed starting from 16.00, and bags are distributed starting from 16.30. Kastelli: Töllintie 38, starting from 16.30. There is a free of charge café operating in connection to the Kastelli food aid distribution at all times. Additionally, a warm meal is offered.

The Finnish Red Cross's Oulu branch's food aid cooperates with the *Prikka kierto* project. The project distributes discarded food to the distribution points of Toppila and Kastelli. (<https://www.hdl.fi/en/prikka-kierto/>)

More food aid operations found here: [Foodaid.fi – More than food. \(ruoka-apu.fi\)](https://www.foodaid.fi/)

Park Lunches

For the first time, the city of Oulu organizes Park Lunches for children and young people under 18 on **June 3–28** in three parks: Höyhtyä, Kaijonharju and Rajakylä. Lunch, play, exercise and other programming is offered to children and young people. <https://www.ouka.fi/en/activities-and-places/park-lunches>

Höyhtyä Central Playground (Sorsapuisto, Kuikkatie 11A)

- 10.00–11.00 exercise in the park
- 11.00–12.00 lunch

Ilmarinen Park Play Area in Kaijonharju (Kalevalantie 10)

- 11.00–12.00 games, play, other activities
- 12.00–13.00 lunch

Rajakylä Central Playground (Talvikkipuisto, Tervakukkatie 54)

- 11.00–12.00 games, play, other activities
- 12.00–13.00 lunch

OUTO-AUTO

Young people can invite the Outo-Auto Car to visit any region of Oulu. You can contact the staff on Instagram or WhatsApp: tel. 044 703 8243. On top of invitations, the Outo-Auto Car will stop in areas where young people often spend time in. The Outo-Auto Car is on the move starting from June 6 until August 3, from Tue–Sat from 16.30–23.

JUNE AND JULY

Welcome to the Puokkari Youth Centre!

The Puokkari Youth Centre is located between the Paulaharju School and the Church of Pyhä Tuomas. You may participate in diverse club activities, meet friends as well as participate and suggest activities yourself.

The Youth Centre includes an exercise hall where you can participate in many hobby activities. You can play video games as well; the Youth Centre has a PS5 and a PS4 gaming consoles. You may also play pool, table tennis and different board and card games.

A warm meal is offered on Fridays during the shift for 13- to 24-year-olds.

	<p>You may travel to the Youth Centre easily by bus. (Bus stop Isko, the lines from the city centre and back: 1, 2, 2N, 3, 5, 5N, 7, 8, 22, 23, 23B, 23K, 28, 48, 52, 52K and 58.)</p> <p>Primary school students Mon–Thu 14–17 Fri 14–18</p> <p>Middle school students – 24-year-olds Mon 18–20 Tue–Thu 17–20 Fri 18–23 https://www.nuortenoulu.fi/vapaa-aika/nuorisotilat/puolivalinkankaan-nuorisotalo/ (in Finnish)</p>
June 1 – July 7	<p>D Station, children are welcome accompanied by adults</p> <p>Mondays:</p> <ul style="list-style-type: none"> - 11.00–14.00 open house - 16.30–19.00 <i>Mummun ja vaarin tupa</i> at the SOS Lapsikylä (last time on June 24) <p>Park Picnics on Tuesdays: Park Picnic in the Merikoskenpuisto from 13.00–15.00. Leaving from the D Station and arriving at the park. Prepare for the weather.</p> <p>Cycle Trips on Fridays The length of the trip is approximately 10–20 km. The pace is calm. A snack break and rest stops will be taken during the trip as needed. Prepare for the weather.</p>
Mon June 3 9.00–12.00	<p>Koskela Church Hall</p> <p>You may arrive at the Koskela Church Hall yard and leave at any time you want to. During the yard activities, you will meet other families in a calm and chatty atmosphere with a cup of coffee and juice.</p> <p>You are welcome to enjoy your own snacks. The youngest family members are welcome as well.</p> <p>https://www.oulunseurakunnat.fi/tapahtumat/2024-06-03/nallen-kesapaiva (in Finnish)</p>
Mon June 3 10.00–11.30.	<p>Family Summer Café at Tuira Church. There will be free play, coffee, communality and singing at the summer cafés.</p>

June 5 10.00–11.00	Church Welfare breakfast Welcome to the free of charge breakfast offered by Church welfare work. https://www.oulunseurakunnat.fi/tapahtumat/2024-06-05/diakonian-aamupala1 (in Finnish)
June 5	Family Picnic in Ainolanpuisto , by the playground from 15.00–18.00. The Mannerheim League for Child Welfare’s North Ostrobothnian branch, children are welcome accompanied by adults.
The club meets on Mondays and Thursdays from 12.00–13.30. June 3, 6, 10, 13, 17, 20, 24 and 27.	Tuira Football Club, Tuira School Field Oulu’s 4H, Tuira Community Facility, Vesaiset and Tuiran asukayhdistys ry. Bring a bottle of water! The club is organized on the Tuira School’s field (next to the S-Market) https://oulu.4h.fi/toiminta/kesaloma-2024/tuiran-futiskerho/ (in Finnish)
Wed June 12 10.00–11.00	Welcome to the free of charge breakfast offered by Church welfare work . https://www.oulunseurakunnat.fi/tapahtumat/2024-06-12/diakonian-aamupala1 (in Finnish)
Wed June 19 10.00–11.00	Church Welfare breakfast
June 18	Family Picnic in Ainolanpuisto , by the playground from 14.00–16.00. Mannerheim League for Child Welfare’s North Ostrobothnian branch, children are welcome accompanied by adults.
JULY	
July 1–5 July 8–12 From 10.00–14.00	Tuira Summer Club Oulu’s 4H, Tuira Community Facility, Vesaiset and Tuiran asukayhdistys ry. https://oulu.4h.fi/toiminta/kesaloma-2024/kesakerhot/tuiran-kesakerho/ (in Finnish) A snack is offered to the children
See the summer activities in the Toppila region as well!	